

2013 MEN'S INDOOR BESTS (FINAL)

does not reflect altitude conversions

SEASON RESULTS

J 12	at Air Force All-Comers (USAFA, Colo.)	NTS
J 18-19	POTTS INVITATIONAL (Boulder)	NTS
J 24-26	at Air Force Invitational (USAFA, Colo.)	NTS
J 25-26	at UW Invitational (Seattle, Wash.)	NTS
F 8-9	at Tyson Invitational (Fayetteville, Ark.)	NTS
F 8-9	at Husky Classic (Seattle, Wash.)	NTS
F 9	at Air Force Team Challenge (USAFA, Colo.)	
F 22-23	at Mountain Pacific Sports Federation Indoor Championships (Seattle, Wash.)	10th/12
M 1-2	at Last Chance Qualifiers (TBA)	NTS
M 8-9	at NCAA Championships (Fayetteville, Ark.)	NTS

60 Meters (6.57 CU record)

6.57	sr/pr	Joe Morris	Air Force All-Comers (1/12)
6.69	p	Joe Morris	MPSF Championship (2/22)
6.70	semis	Joe Morris	Tyson Invite (2/8)
6.71	p	Joe Morris	Tyson Invite (2/8)
6.72		Joe Morris	MPSF Championship (2/23)
6.73		Joe Morris	Millrose Games (2/16)
6.91	p	Shaw Gifford	MPSF Championship (2/22)
6.92		Shaw Gifford	Air Force All-Comers (1/12)
6.92		Shaw Gifford	Potts Invite (1/19)
7.00	p	Shaw Gifford	Potts Invite (1/19)

200 Meters (20.88 cu)

21.01	pr	Joe Morris	Air Force All-Comers (1/12)
21.06		Joe Morris	MPSF Championship (2/22)
21.64		Joe Morris	Tyson Invite (2/9)
21.97		Shaw Gifford	Air Force All-Comers (1/12)
21.99		Shaw Gifford	MPSF Championship (2/22)
22.30		Shaw Gifford	Tyson Invite (2/9)
22.36	p	Kyle MacIntosh	Air Force Invite (1/25)
22.43		Joe Morris	Arkansas Last Chance (3/1)
22.53		Tyler Baker	Air Force All-Comers (1/12)

400 Meters (46.13 cu)

48.92		Tyler Baker	MPSF Championship (2/23)
49.55		Tyler Baker	Air Force All-Comers (1/12)
49.64		Tyler Baker	Tyson Invite (2/8)
49.74		Tyler Baker	Air Force Invite (1/26)
49.75	p	Tyler Baker	Air Force Invite (1/25)
49.77		Kyle MacIntosh	Tyson Invite (2/8)
49.87		Blake Reimer	Air Force All-Comers (1/12)
50.00		Kyle MacIntosh	MPSF Championship (2/23)
50.40	p	Kyle MacIntosh	Air Force Invite (1/25)

600 Yards* (1:10.2 cu)

800 Meters (1:49.37 cu)

1:54.27		Matt Biegner	Potts Invite (1/19)
1:54.47		Blake Theroux	Air Force Invite (1/26)
1:55.11		Connor Winter	Potts Invite (1/19)
1:58.76	U	Joe Mitchem	Potts Invite (1/19)

1,000 Meter Run* (2:21.5 cu)

2:51.64		Brock Emory	UW Invite (1/26)
2:57.59		Brock Emory	MPSF Championship (2/23)

Mile (3:59.55 cu)

4:01.34		Blake Theroux	MPSF Championship (2/23)
4:01.69		Connor Winter	MPSF Championship (2/23)
4:04.32		Matt Biegner	Husky Classic (2/9)
4:04.35		Blake Theroux	Husky Classic (2/9)
4:04.86		Matt Biegner	MPSF Championship (2/23)
4:05.30		Connor Winter	Husky Classic (2/9)
4:07.08		Hugh Dowdy	MPSF Championship (2/23)
4:08.36		Matt Biegner	UW Invite (1/26)
4:09.18		Hugh Dowdy	Husky Classic (2/9)

3,000 Meters (7:46.03 cu)

7:53.74		Aric Van Halen	Husky Classic (2/9)
8:02.33		Aric Van Halen	MPSF Championship (2/23)
8:11.20		Ammar Moussa	MPSF Championship (2/23)
8:23.08		David Kilgore	MPSF Championship (2/23)
8:59.07		Ammar Moussa	Air Force Team Challenge (2/9)
9:01.19		Dillon Shije	Air Force Team Challenge (2/9)
9:08.95		Ryan Savercool	Air Force Invite (1/26)
9:20.24		David Kilgore	Air Force Invite (1/26)

5,000 Meters (13:38.23 cu)

14:46.64		Ryan Savercool	Husky Classic (2/8)
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60 Meter Hurdles (7.75 cu)

8.40		Jason DeWitt	Potts Invite (1/19)
8.42		Jason DeWitt	Air Force Team Challenge (2/9)
8.52		Brock Emory	Potts Invite (1/19)
8.52		Jason DeWitt	Air Force All-Comers (1/12)
8.58		Brock Emory	Air Force All-Comers (1/12)

Mile Relay (3:09.1h cu)

4x400 Meter Relay (3:07.9h cu)

3:15.37		Morris/Gifford/Baker/MacIntosh	MPSF Championship (2/23) 7th
3:20.23		MacIntosh/Gifford/Reimer/Baker	Tyson Invite (2/9) 13th

Distance Medley Relay (9:31.00 auto, 9:42.9h cu)

High Jump (7-03.50 cu)

7-02.25/2.19		Mark Jones	USA Indoors (3/2)
7-01.50/2.17		Mark Jones	UW Invite (1/26)
6-11/2.11		Mark Jones	MPSF Championship (2/23)
6-11/2.11		Mark Jones	Potts Invite (1/18)
6-9/2.06		Jason DeWitt	Air Force All-Comers (1/12)
6-6.75/2.00		Jason DeWitt	Air Force Team Challenge (2/9)
6-4.25/1.94	hep	Brock Emory	MPSF Championship (2/22)
6-4.25/1.94	hep	Brock Emory	UW Invite (1/25)
6-2.75/1.90		Brock Emory	Air Force All-Comers (1/12)
6-2.75/1.90		Brock Emory	Air Force Team Challenge (2/9)

Pole Vault (17-02 cu)

13-5.25/4.10		Brock Emory	MPSF Championship (2/23)
13-3.50/4.05		Brock Emory	Potts Invite (1/18)
13-3.50/4.05		Jason DeWitt	Potts Invite (1/18)

Long Jump (25-7.50 cu)

21-11.75/6.70		Mark Jones	Potts Invite (1/19)
21-3.5/6.49		Brock Emory	MPSF Championship (2/23)
21-1.50/6.44		Jason DeWitt	Air Force All-Comers (1/12)
20-11.25/6.38		Brock Emory	Air Force Team Challenge (2/9)
20-7.25/6.28		Jason DeWitt	Air Force Team Challenge (2/9)
19-11.75/6.09		Brock Emory	Air Force All-Comers (1/12)
19-7/5.97	hep	Brock Emory	UW Invite (1/25)

Triple Jump (52-10 cu)

48-08/14.83	U	Alex Kizirian	Potts Invite (1/19)
46-06/14.17		Brady Rutt	Potts Invite (1/19)
46-04.75/14.14		Brady Rutt	Husky Classic (2/9)
46-02.50/14.18		Brady Rutt	Air Force Invite (1/26)
45-07.25/13.90		Brady Rutt	Air Force All-Comers (1/12)
39-10.75/12.16		Jason DeWitt	Potts Invite (1/19)

35-pound Weight (63-09.75 cu)

60-06.75/18.46	U	Alex Kizirian	Potts Invite (1/19)
55-11/17.04		Cameron Hutchins	MPSF Championship (2/22)
53-06.25/16.31		Brady Rutt	Air Force All-Comers (1/12)
53-05.75/16.30		Cameron Hutchins	Air Force Invite (1/25)
52-07.50/16.04		Brady Rutt	Air Force Invite (1/25)
52-07.50/16.04		Cameron Hutchins	Husky Classic (2/8)
51-09.25/15.78		Cameron Hutchins	Potts Invite (1/19)
50-04.00/15.34		Cameron Hutchins	Air Force All-Comers (1/12)

Heptathlon (5,392 cu)

4,990		Brock Emory	MPSF Championships (2/23)
4,217		Brock Emory	UW Invite (1/25-26)

Symbol Key

p	preliminary round mark/time
pr	personal record
sr	school record
hep	mark earned during heptathlon competition
*	not an NCAA event
U	competing unattached/redshirting with eligibility remaining

2013 MEN'S INDOOR PERFORMANCE LIST

TYLER BAKER

200 Meters (22.53 pr)		
22.53	pr	Air Force All-Comers Meet (1/12)..... 8th
400 Meters (48.92 pr)		
48.92		MPSF Championship (2/23)..... 16th
49.55	pr	Air Force All-Comers Meet (1/12)..... 1st
49.57	p	Air Force Invite (1/25)..... 2nd
49.64		Tyson Invite (2/8)..... 40th
49.74		Air Force Invite (1/26)..... 2nd
600 Yards (1:16.37 pr)		

BLAKE BERENS

60 Meters (7.10 pr)		
200 Meters (22.66 pr)		
400 Meters (52.54 pr)		

MATT BIEGNER

800 Meters (1:53.21 pr)		
1:54.27		Potts Invite (1/19)..... 1st
Mile (4:04.32 pr)		
4:04.32		Husky Classic (2/9)..... 7th
4:04.86		MPSF Championship (2/23)..... 13th
4:08.36		UW Invite (1/26)..... 12th (invitational)

JASON DEWITT

Heptathlon (5,035 pr)		
60 Meters (7.36 pr)		
7.39	p	Potts Invite (1/19)..... 17th
Long Jump (22-02.25 pr)		
21-1.50/6.44		Air Force All-Comers Meet (1/12)..... 6th
20-7.25/6.28		Air Force Team Challenge (2/9)..... 21st
Shot Put (39-10.75 pr)		
39-10.75/12.16		Potts Invite (1/19)..... 14th
39-0.50/11.90		Air Force Team Challenge (2/9)..... 15th
High Jump (6-09 pr)		
6-9/2.06		Air Force All-Comers Meet (1/12)..... 2nd
6-6.75/2.00		Air Force Team Challenge (2/9)..... 9th
60 Meter Hurdles (8.40 pr)		
8.40		Potts Invite (1/19)..... 4th
8.42		Air Force Team Challenge (2/9)..... 14th
8.52		Air Force All-Comers Meet (1/12)..... 7th
Pole Vault (14-09 pr)		
13-3.50/4.05		Potts Invite (1/18)..... 16th
1000 Meters (2:52.86 pr)		

HUGH DOWDY

Mile (4:06.57 pr)		
4:07.08		MPSF Championship (2/23)..... 15th
4:09.18		Husky Classic (2/9)..... 25th
4:27.19		Air Force Invite (1/26)..... 4th
3000 Meters (9:02.52 pr)		

BROCK EMORY

Heptathlon (4990 pr)		
4,990		MPSF Championship (2/22-23)..... 9th
4,217		UW Invite (1/26)..... 13th
60 Meters (7.30 pr)		
7.30	hep	MPSF Championship (2/22)..... 9th
7.47	hep	UW Invite (1/25)..... 12th
7.52	p	Potts Invite (1/19)..... 21st
Long Jump (21-3.50 pr)		
21-3.50/6.49	hep	MPSF Championship (2/23)..... 10th
20-11.25/6.38		Air Force Team Challenge (2/9)..... 19th
19-11.75/6.09		Air Force All-Comers Meet (1/12)..... 10th
19-7/5.97	hep	UW Invite (1/25)..... 12th
Shot Put (39-7.25 pr)		
39-7.25/12.07		MPSF Championship (2/22)..... 8th
38-00/11.58	hep	UW Invite (1/25)..... 11th
37-10.50/11.54		Air Force Team Challenge (2/9)..... 17th
35-10.50/10.93		Potts Invite (1/19)..... 15th
High Jump (6-6.25 pr)		
6-4.25/1/94	hep	MPSF Championship (2/22)..... t4th
6-4.25/1.94	hep	UW Invite (1/25)..... t2nd
6-2.75/1.90		Air Force All-Comers Meet (1/12)..... 9th
6-2.75/1.90		Air Force Team Challenge (2/9)..... 13th
60 Meter Hurdles (8.52 pr)		
8.52		Potts Invite (1/19)..... 6th
8.58		Air Force All-Comers Meet (1/12)..... 9th
8.60	hep	UW Invite (1/26)..... 8th
8.61		Air Force Team Challenge (2/9)..... 20th
8.66	hep	MPSF Championship..... 8th
Pole Vault (13-5.25 pr)		
13-5.25/4.10	hep	MPSF Championship (2/23)..... t10th
13-3.50/4.05		Potts Invite (1/18)..... t6th
1000 Meters (2:51.64 pr)		
2:51.64	hep	UW Invite (1/26)..... 11th
2:57.59	hep	MPSF Championship (2/23)..... 12th
200 Meters		

SHAW GIFFORD

60 Meters (6.89 pr)		
6.91	p	MPSF Championship (2/22)..... 18th
6.92		Air Force All-Comers Meet (1/12)..... 5th
6.92		Potts Invite (1/19)..... 4th
7.00	p	Potts Invite (1/19)..... 17th
7.05	p	Tyson Invite (2/8)..... 40th
200 Meters (21.32 pr)		
21.97		Air Force All-Comers Meet (1/12)..... 3rd
21.99		MPSF Championship (2/22)..... 13th
22.30		Tyson Invite (2/9)..... 41st

CAMERON HUTCHINS

Weight Throw (55-11 pr)		
55-11/17.04		MPSF Championship (2/22)..... 9th
53-5.75/16.30		Air Force Invite (1/25)..... 14th
52-7.50/16.04		Husky Classic (2/8)..... 17th
51-9.25/15.78		Potts Invite (1/19)..... 9th
50-4/15.34		Air Force All-Comers Meet (1/12)..... 9th

MARK JONES

High Jump (7-2.25 pr)		
7-2.25/2.19		USA Indoors (3/2)..... 6th
7-1.50/2.17		UW Invite (1/26)..... t1st
6-11/2.11		MPSF Championship (2/23)..... 6th
6-11/2.11		Potts Invite (1/18)..... t1st
Long Jump (23-7 pr)		
21-11.75/6.70		Potts Invite (1/19)..... 3rd

DAVID KILGORE

3000 Meters (8:23.08 pr)		
8:23.08		MPSF Championship (2/23)..... 25th
9:20.24		Air Force Invite (1/26)..... 15th

2013 MEN'S INDOOR PERFORMANCE LIST/2-2-2

KYLE MACINTOSH

200 Meters (21.92 pr)
 22.36 p Air Force Invite (1/25)..... 7th
400 Meters (48.59 pr)
 49.77 Tyson Invite (2/8)..... 44th
 50.00 MPSF Championship (2/23)..... 28th
 50.40 p Air Force Invite (1/25)..... 7th
60 Meter Hurdles (8.39 pr)

MARTIN MEDINA

Mile (4:34.84 pr)
3000 Meters (8:23.04 pr)
5000 Meters (14:33.38 pr)

JOE MITCHEM

Mile (4:22.71 pr)
 4:22.71 Husky Classic (2/9)..... 85th
 4:31.47 Air Force Invite (1/26)..... 6th

JOE MORRIS

60 Meters (6.57 sr/pr)
 6.57 sr/pr Air Force All-Comers Meet (1/12)..... 1st
 6.69 p MPSF Championships (2/22)..... 1st
 6.70 p NCAA Indoors (3/8)..... 11th
 6.70 semis Tyson Invite (2/8)..... 9th
 6.71 p Tyson Invite (2/8)..... 12th
 6.72 MPSF Championship (2/23)..... 1st
 6.73 Millrose Games (2/16)..... 7th
200 Meters (21.01 pr)
 21.01 pr Air Force All-Comers Meet (1/12)..... 1st
 21.06 MPSF Championship (2/22)..... 1st
 21.64 Tyson Invite (2/9)..... 23rd
 22.43 Arkansas Last Chance (3/1)..... 7th

AMMAR MOUSSA

Mile (4:22.38 pr)
 4:22.38 Air Force Invite (1/26)..... 3rd
3000 Meters (8:11.20 pr)
 8:11.20 MPSF Championship (2/23)..... 10th
 8:59.07 Air Force Team Challenge (2/9)..... 1st

PIERCE MURPHY

Mile (4:30.92 pr)

BLAKE REIMER

200 Meters (22.45 pr)
400 Meters (49.02 pr)
 49.87 Air Force All-Comers Meet (1/12)..... 4th
 50.49 Tyson Invite (2/8)..... 47th
 51.06 p Air Force Invite (1/25)..... 118th

BRADY RUTT

Shot Put (47-6.25 pr)
 46-6/14.17 Potts Invite (1/19)..... 8th
 46-4.75/14.14 Husky Classic (2/9)..... 19th
 46-2.50/14.08 Air Force Invite (1/26)..... 17th
 45-7.25/13.90 Air Force All-Comers Meet (1/12)..... 9th
Weight Throw (53-6.25 pr)
 53-6.25/16.31 Air Force All-Comers Meet (1/12)..... 7th
 52-7.50/16.04 Air Force Invite (1/25)..... 15th
 50-2.50/15.30 MPSF Championship (2/22)..... 14th
 49-3.50/15.02 Husky Classic (2/8)..... 23rd

RYAN SAVERCOOL

Mile (4:28.63 pr)
3000 Meters (8:57.65 pr)
 9:08.95 Air Force Invite (1/26)..... 7th
5000 Meters (14:46.64 pr)
 14:46.64 Husky Classic (2/8)..... 65th

DILLON SHIJE

Mile (4:35.81 pr)
3000 Meters (9:01.19 pr)
 9:01.19 Air Force Team Challenge (2/9)..... 2nd
5000 Meters (14:48.57 pr)

JONNY STEVENS

Mile (4:17.21 pr)
3000 Meters (8:21.46 pr)

BLAKE THEROUX

800 Meters (1:54.47 pr)
 1:54.47 Air Force Invite (1/26)..... 2nd
Mile (4:01.64 pr)
 4:01.64 MPSF Championship (2/23)..... 8th
 4:04.35 Husky Classic (2/9)..... 8th
3000 Meters (8:11.43 pr)

ARIC VAN HALEN

Mile (4:19.93 pr)
 4:21.40 Air Force Invite (1/26)..... 1st
3000 Meters (7:53.74 pr)
 7:53.74 pr Husky Classic (2/9)..... 10th
 8:02.33 MPSF Championship (2/23)..... 2nd
 8:05.85 NCAA Indoors (3/9)..... 14th

CONNOR WINTER

800 Meters (1:55.11 pr)
 1:55.11 p Potts Invite (1/19)..... 2nd
Mile (4:01.69 pr)
 4:01.69 MPSF Championship (2/23)..... 9th
 4:05.30 Husky Classic (2/9)..... 24th (invitational section)

2013 Unattached Marks/Times

ALEX KIZIRIAN

Shot Put (50-11 pr)
 48-8/14.83 U Potts Invite (1/19)..... 6th
Weight Throw (62-1 pr)
 60-6.75/18.46 U Potts Invite (1/19)..... 2nd

JOE MITCHEM

800 Meters
 1:58.76 U Potts Invite (1/19)..... 3rd

2013 WOMEN'S INDOOR BESTS (FINAL)

SEASON RESULTS

J 12	at Air Force All-Comers (USAFA, Colo.).....	NTS
J 18-19	POTTS INVITATIONAL (Boulder).....	NTS
J 24-26	at Air Force Invitational (USAFA, Colo.).....	NTS
J 25-26	at UW Invitational (Seattle, Wash.).....	NTS
F 8-9	at Tyson Invitational (Fayetteville, Ark.).....	NTS
F 8-9	at Husky Classic (Seattle, Wash.).....	NTS
F 9	at Air Force Team Challenge (USAFA, Colo.).....	
F 22-23	at Mountain Pacific Sports Federation Indoor Championships (Seattle, Wash.).....	11th/14
M 8-9	at NCAA Championships (Fayetteville, Ark.).....	t20th

Mile Relay (3:45.53 cu)

Distance Medley Relay (11:22.87 cu)

High Jump (6-2 cu)

5-9.25/1.76	Kelsey English.....	Air Force Team Challenge (2/9)
5-8/1.73	Kelsey English.....	Air Force All-Comers (1/12)
5-8/1.73	Brianne Beemer.....	USA Indoors (3/1)
5-7.75/1.72	Kelsey English.....	UW Invite (1/26)
5-7.25/1.71	Kelsey English.....	MPSF Championship (2/23)
5-7/1.70	Brittany Lewis.....	Air Force Invite (1/25)
5-6.50/1.69	Brianne Beemer.....	UW Invite (1/25)
5-6/1.68	Kelsey English.....	Potts Invite (1/18)
5-5.25/1.66	Brianne Beemer.....	MPSF Championships (2/22)
5-4.50/1.64	Genny Mayden.....	USA Indoors (3/1)
5-4.50/1.63	Brittany Lewis.....	Potts Invite (1/18)

Long Jump (20-10.50 cu)

19-8.75/6.01	Abrianna Torres.....	Air Force Team Challenge (2/9)
19-8.25/6.00	Abrianna Torres.....	MPSF Championships (2/22)
19-0.50/5.80	Abrianna Torres.....	USA Indoors (3/1)
18-10/5.74	Brittany Lewis.....	Air Force Invite (1/25)
18-7/5.66	Genny Mayden.....	Air Force Team Challenge (2/9)
18-7/5.66	Brittany Lewis.....	Air Force All-Comers (1/12)
18-6.50/5.65	Brittany Lewis.....	USA Indoors (3/1)
18-6/5.64	Abrianna Torres.....	UW Invite (1/25)
18-5.25/5.62	Abrianna Torres.....	Potts Invite (1/19)
18-5.25/5.62	Abrianna Torres.....	Air Force All-Comers (1/12)
18-5.25/5.62	Brittany Lewis.....	Potts Invite (1/18)

Triple Jump (40-07.75 cu)

Shot Put (54-07.25 cu)

44-6/13.56	U	Emily Hunsucker.....	Air Force All-Comers (1/12)
44-2/13.46	U	Emily Hunsucker.....	Potts Invite (1/19)
41-9.25/12.73	U	Emily Hunsucker.....	Husky Classic (2/9)
41-7/12.67	pen	Abrianna Torres.....	MPSF Championships (2/22)
41-5/12.62		Holly Odneal.....	Air Force Team Challenge (2/9)
41-4.25/12.60	pen	Abrianna Torres.....	USA Indoors (3/1)
40-6.25/12.35		Kajsa Bank.....	Air Force Invite (1/26)
40-6/12.34	pen	Genny Mayden.....	MPSF Championships (2/22)
40-2.75/12.26		Abrianna Torres.....	Air Force Team Challenge (2/9)
39-10/12.14		Genny Mayden.....	Air Force Team Challenge (2/9)

20-pound Weight Throw (62-08.50 cu)

54-8.25/16.67	U	Emily Hunsucker.....	Air Force All-Comers (1/12)
53-9/16.38	U	Emily Hunsucker.....	Potts Invite (1/19)
50-06.75/15.41	U	Emily Hunsucker.....	Husky Classic (2/8)
48-4.75/14.75		Kellie Lind.....	Air Force All-Comers (1/12)
46-6.75/14.19		Kellie Lind.....	Air Force Invite (1/25)
46-3.25/14.10		Kajsa Bank.....	Air Force All-Comers (1/12)
44-11/13.69		Kajsa Bank.....	Husky Classic (2/8)
42/11.50/13.09		Kellie Lind.....	Husky Classic (2/8)

Pentathlon (4,059 cu)

4,059	sr/pr	Brianne Beemer.....	USA Indoors (3/1)
3,963	U	Brittany Lewis.....	Air Force Invite (1/25)
3,854		Brianne Beemer.....	MPSF Championships (2/22)
3,832		Abrianna Torres.....	MPSF Championships (2/22)
3,823		Brianne Beemer.....	UW Invite (1/25)
3,795		Genny Mayden.....	USA Indoors (3/1)
3,753		Genny Mayden.....	MPSF Championships (2/22)
3,662	U	Brittany Lewis.....	USA Indoors (3/1)
3,559		Abrianna Torres.....	UW Invite (1/25)
3,476		Holly Odneal.....	UW Invite (1/25)

Symbol Key

p	preliminary round mark/time
pr	personal record
sr	school record
pen	mark earned during heptathlon competition
*	not an NCAA event
U	competing unattached/redshirting with eligibility remaining

60 Meters (7.34 CU record)

200 Meters (23.81 cu)

24.31	pr	Eileen Gehring.....	Tyson Invite (2/9)
24.44	p	Eileen Gehring.....	Air Force Invite (1/25)
24.45		Eileen Gehring.....	MPSF Championships (2/22)
24.49		Eileen Gehring.....	Air Force Invite (1/26)
25.03		Eileen Gehring.....	Air Force All-Comers (1/12)
25.09		Lindsay Mattson.....	Tyson Invite (2/9)
25.11		Lindsay Mattson.....	MPSF Championships (2/22)
25.48	p	Lindsay Mattson.....	Air Force Invite (1/25)
25.55		Lindsay Mattson.....	Air Force Invite (1/26)
25.69		Lindsay Mattson.....	Air Force All-Comers (1/12)

400 Meters (54.00 cu)

54.67		Eileen Gehring.....	Tyson Invite (2/8)
55.00		Eileen Gehring.....	Air Force Invite (1/26)
55.17	p	Eileen Gehring.....	Air Force Invite (1/25)
55.24		Eileen Gehring.....	MPSF Championship (2/23)
55.96		Lindsay Mattson.....	Tyson Invite (2/8)
56.12		Eileen Gehring.....	Air Force All-Comers (1/12)
56.26		Lindsay Mattson.....	MPSF Championship (2/23)
56.50		Lindsay Mattson.....	Air Force Invite (1/26)
56.58		Brianne Beemer.....	UW Invite (1/26)
56.70		Brianne Beemer.....	Air Force All-Comers (1/12)

600 Yards* (1:21.60 cu)

1:23.49		Liz Tremblay.....	Potts Invite (1/19)
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800 Meters (2:05.69 cu)

2:07.18		Liz Tremblay.....	Husky Classic (2/9)
2:08.91		Liz Tremblay.....	UW Invite (1/26)
2:11.75		Brianne Beemer.....	Tyson Invite (2/8)
2:13.79		Brianne Beemer.....	USA Indoors (3/1)
2:14.59		Liz Tremblay.....	MPSF Championship (2/23)
2:15.68	pen	Brianne Beemer.....	MPSF Championships (2/22)
2:16.36	pen	Brianne Beemer.....	UW Invite (1/25)
2:21.56		Lindsey Hubbard.....	Air Force Team Challenge (2/9)
2:21.60		Lindsey Hubbard.....	Air Force Invite (1/26)
2:22.82	pen/U	Brittany Lewis.....	Air Force Invite (1/25)

1,000 Meters* (2:49.1 cu)

Mile (4:25.91 cu)

4:29.86		Emma Coburn.....	Millrose Games (2/16)
4:29.91	AA	Emma Coburn.....	NCAA Indoors (3/9)
4:37.47	p	Emma Coburn.....	NCAA Indoors (3/8)
4:49.52		Staci Foster.....	MPSF Championship (2/23)
4:53.65		Staci Foster.....	Husky Classic (2/9)
5:00.88		Camille Logan.....	Husky Classic (2/9)
5:06.36		Staci Foster.....	Air Force Invite (1/26)
5:09.89		Courtney Bouchet.....	Air Force Invite (1/26)
5:16.57		Camille Logan.....	Air Force Invite (1/26)

3,000 Meters (8:42.03 cu)

9:30.03		Courtney Bouchet.....	Husky Classic (2/9)
9:36.37		Courtney Bouchet.....	MPSF Championship (2/23)
9:42.17		Carrie Verdon.....	MPSF Championship (2/23)
9:51.44		Diana George.....	Husky Classic (2/9)
10:24.18		Jana Stolting.....	Air Force Invite (1/26)

5,000 Meters (15:01.70 cu)

16:47.59		Carrie Verdon.....	UW Invite (1/26)
17:04.59		Jana Stolting.....	Husky Classic (2/8)

60 Meter Hurdles (8.27 cu)

8.82	pen	Brianne Beemer.....	UW Invite (1/25)
8.83		Brianne Beemer.....	Potts Invite (1/19)
8.85		Brianne Beemer.....	USA Indoors (3/1)
8.85		Brianne Beemer.....	Air Force All-Comers (1/12)
8.86	U	Brittany Lewis.....	CSM Joe Davies Open (2/16)
8.89	pen	Brianne Beemer.....	MPSF Championships (2/22)
8.92	p	Brianne Beemer.....	Tyson Invite (2/8)
9.01		Abrianna Torres.....	USA Indoors (3/1)
9.02	pen/U	Brittany Lewis.....	Air Force Invite (1/25)

4x400 Meter Relay (3:43.52 cu)

3:43.52	sr	Mattson/Beemer/Sweeney/Gehring.....	Tyson Invite (2/9) 9th
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2013 WOMEN'S INDOOR PERFORMANCE LIST

KAJSA BANK

Shot Put (40-6.25 pr)

40-6.25/12.35	Air Force Invite (1/26)	10th
39-0.25/11.89	Husky Classic (2/9)	30th
38-10.50/11.85	Potts Invite (1/19)	9th
37-7/12.06	Air Force All-Comers Meet (1/12)	5th

Weight Throw (46-3.25 pr)

46-03.25/14.10	Air Force All-Comers Meet (1/12)	10th
44-11/13.69	Husky Classic (2/8)	36th
41-04.50/12.61	Air Force Invite (1/25)	27th
38-11.50/11.87	Potts Invite (1/19)	14th

BRIANNE BEEMER

Pentathlon (4,059 sr/pr)

4,059	sr/pr	USA Indoors (3/1)	7th
3,854		MPSF Championships (2/22)	3rd
3,823		UW Invite (1/25)	5th

60 Meter Hurdles (8.82 pr)

8.82	pen	UW Invite (1/25)	7th
8.83		Potts Invite (1/19)	1st
8.85	pen	USA Indoors (3/1)	12th
8.85		Air Force All-Comers Meet (1/12)	2nd
8.89	pen	MPSF Championships (2/22)	5th
8.92	p	Tyson Invite (2/8)	36th

High Jump (5-8 pr)

5-8/1.73	pen	USA Indoors (3/1)	4th
5-6.50/1.69	pen	UW Invite (1/25)	15th
5-5.25/1.66	pen	MPSF Championships (2/22)	13rd
5-4.75/1.63		Potts Invite (1/19)	13rd

Shot Put (36-09.75 pr)

36-3/11/05	pen	MPSF Championships (2/22)	9th
35-06.75/10.84	pen	USA Indoors (3/1)	13th
34-6.75/10.53		UW Invite (1/25)	19th
34-5.75/10.51		Potts Invite (1/19)	14th

Long Jump (18-5 pr)

18-5/5.61	pen	USA Indoors (3/1)	11th
17-3.50/5.27	pen	MPSF Championships (2/22)	13th
16-10.75/5.15		Potts Invite (1/19)	7th
16-10/5.13		UW Invite (1/25)	17th

800 Meters (2:11.71 pr)

2:11.75		Tyson Invite (2/8)	3rd (collegiate section)
2:13.79	pen	USA Indoors (3/1)	4th
2:15.68	pen	MPSF Championships (2/22)	2nd
2:16.36	pen	UW Invite (1/25)	3rd

400 Meters (56.58 pr)

56.58		UW Invite (1/26)	5th (invitational)
56.70		Air Force All-Comers Meet (1/12)	2nd

COURTNEY BOUCHET

Mile (5:09.89 pr)

5:09.89		Air Force Invite (1/26)	3rd
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3000 Meters (9:30.03 pr)

9:30.03		Husky Classic (2/9)	3rd
9:36.37		MPSF Championship (2/23)	12th

EMMA COBURN

Mile (4:29.86 pr)

4:29.86	pr	Millrose Games (2/16)	4th
4:29.91	AA	NCAA Indoors (3/9)	1st
4:37.47	p	NCAA Indoors (3/8)	4th

KELSEY ENGLISH

High Jump (5-9.25 pr)

5-9.25/1.76		Air Force Team Challenge (2/9)	3rd
5-8/1.73	pr	Air Force All-Comers Meet (1/12)	1st
5-7.75/1.72		UW Invite (1/26)	13rd
5-7.25/1.71		MPSF Championship (2/23)	14th
5-6/1.68		Potts Invite (1/19)	2nd

STACI FOSTER

Mile (4:49.52 pr)

4:49.52		MPSF Championship (2/23)	8th
4:53.65		Husky Classic (2/9)	10th
5:06.36		Air Force Invite (1/26)	2nd

EILEEN GEHRING

60 Meters (7.80 pr)

200 Meters (24.31 pr)

24.31	pr	Tyson Invite (2/9)	28th
24.44	p	Air Force Invite (1/25)	1st
24.45		MPSF Championship (2/22)	8th
24.49		Air Force Invite (1/26)	1st
25.03		Air Force All-Comers Meet (1/12)	1st

400 Meters (54.67 pr)

54.67		Tyson Invite (2/8)	7th
55.00		Air Force Invite (1/26)	1st
55.24		MPSF Championship (2/23)	12th
55.17	p	Air Force Invite (1/25)	1st
56.12		Air Force All-Comers Meet (1/12)	1st

DIANA GEORGE

Mile (5:17.84 pr)

5:17.84		Air Force Invite (1/26)	7th
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3000 Meters (9:51.44 pr)

9:51.44		Husky Classic (2/9)	24th
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LINDSEY HUBBARD

200 Meters (26.48 pr)

400 Meters (59.74 pr)

1:00.18	p	Air Force Invite (1/25)	13th
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800 Meters (2:21.56 pr)

2:21.56		Air Force Team Challenge (2/9)	4th
2:21.60		Air Force Invite (1/26)	4th
2:26.59		Air Force All-Comers Meet (1/12)	1st

KELLIE LIND

Weight Throw (50-08 pr)

48-04.75/14.75		Air Force All-Comers Meet (1/12)	7th
46-06.75/14.19		Air Force Invite (1/25)	17th
42-11.50/13.09		Husky Classic (2/8)	38th

CAMILLE LOGAN

Mile (5:00.88 pr)

5:00.88		Husky Classic (2/9)	40th
5:19.57		Air Force Invite (1/26)	6th

NIKKI LOOK

800 Meters (2:24.34 pr)

LINDSY MATTSON

200 Meters (25.11 pr)

25.11		MPSF Championships (2/22)	21st
25.48	p	Air Force Invite (1/25)	6th
25.55		Air Force Invite (1/26)	4th
25.69		Air Force All-Comers Meet (1/12)	5th

400 Meters (55.96 pr)

55.96		Tyson Invite (2/8)	28th
56.26		MPSF Championship (2/23)	17th
56.50		Air Force Invite (1/26)	2nd
56.87		Air Force All-Comers Meet (1/12)	3rd
57.01	p	Air Force Invite (1/25)	2nd

2013 WOMEN'S INDOOR PERFORMANCE LIST/2-2-2

GENNY MAYDEN

Pentathlon (3,795 pr)	
3,795	USA Indoors (3/1)..... 11th
3,753	MPSF Championships (2/22)..... 6th
2,726	UW Invite (1/25)..... 27th
60 Meter Hurdles (9.07 pr)	
9.07	pen USA Indoors (3/1)..... 16th
9.14	Air Force Team Challenge (2/9)..... 18th
9.19	pen MPSF Championships (2/22)..... 14th
9.25	Potts Invite (1/19)..... 8th
9.34	pen UW Invite (1/25)..... 21st
High Jump (5-04.50 pr)	
5-4.50/1.64	pen USA Indoors (3/1)..... 12th
5-3/1.60	pen MPSF Championships (2/22)..... 17th
5-2.25/1.58	Potts Invite (1/19)..... 16th
Shot Put (40-6 pr)	
40-6/12.34	pen MPSF Championships (2/22)..... 3rd
39-10/12.14	Air Force Team Challenge (2/9)..... 11th
39-0.25/11.89	pen USA Indoors (3/1)..... 8th
37-06.50/11.44	Potts Invite (1/19)..... 10th
37-04.50/11.39	pen UW Invite (1/25)..... 19th
Long Jump (18-7 pr)	
18-7/5.66	Air Force Team Challenge (2/9)..... 6th
18-3.75/5.58	pen USA Indoors (3/1)..... 12th
17-11.50/5.47	pen MPSF Championships (2/22)..... 6th
17-3.25/5.26	UW Invite (1/26)..... 17th
17-0.75/5.20	Potts Invite (1/19)..... 6th
16-10.50/5.14	pen UW Invite (1/25)..... 16th
800 Meters (2:23.96 pr)	
2:23.96	pen MPSF Championships (2/22)..... 5th
2:26.26	pen USA Indoors (3/1)..... 12th
2:32.11	pen UW Invite (1/25)..... 17th
60 Meters (8.28 pr)	
200 Meters	
26.65	Air Force Team Challenge (2/9)..... 22nd

CATRINA MCALISTER

Mile (5:10.15 pr)
3000 Meters (9:40.95 pr)

LAINEY NASH

400 Meters (56.52 pr)	
59.29	Air Force Team Challenge (2/9)..... 8th

HOLLY ODNEAL

Pentathlon (3,476 pr)	
3,476	UW Invite (1/25)..... 11th
3,291	MPSF Championships (2/22)..... 15th
60 Meter Hurdles (9.07 pr)	
9.07	pen UW Invite (1/25)..... 13th
9.11	Air Force All-Comers Meet (1/12)..... 7th
9.20	Potts Invite (1/19)..... 7th
9.22	Air Force Team Challenge (2/9)..... 21st
9.23	pen MPSF Championships (2/22)..... 17th
9.28	UW Invite (1/26)..... 23rd
High Jump (5-7 pr)	
5-4.25/1.63	pen UW Invite (1/25)..... t10th
5-3/1.60	pen MPSF Championships (2/22)..... t17th
5-3/1.60	Air Force Team Challenge (2/9)..... t18th
5-2.25/1.44	Potts Invite (1/19)..... t6th
5-1/1.55	Air Force All-Comers Meet (1/12)..... t11th
Shot Put (41-5 pr)	
41-5/12.62	Air Force Team Challenge (2/9)..... 7th
39-8/12.09	pen UW Invite (1/25)..... 5th
39-4/11.99	Potts Invite (1/19)..... 6th
37-06/11.43	pen MPSF Championships (2/22)..... 7th
Long Jump (16-4.25 pr)	
16-0.25/4.88	UW Invite (1/25)..... 24th
14-11.25/4.55	MPSF Championships (2/22)..... 23rd
800 Meters (2:33.88 pr)	
2:35.18	MPSF Championships (2/22)..... 17th
2:36.27	UW Invite (1/25)..... 21st
200 Meters	
27.11	Air Force All-Comers Meet (1/12)..... 21st
27.77	Air Force Team Challenge (2/9)..... 34th

EWELINA PENA

High Jump (5-6 pr)	
5-1/1.55	Air Force Team Challenge (2/9)..... 24th
5-1/1.55	Air Force All-Comers Meet (1/12)..... t11th
5-1/1.55	Air Force Invite (1/25)..... 5th (unseeded)
5-0.25/1.53	Potts Invite (1/19)..... t11th

GWEN RICCO

Pentathlon (3,341 pr)	
3,341	MPSF Championships (2/22)..... 13th
3,330	UW Invite (1/25)..... 17th
60 Meter Hurdles (8.93 pr)	
9.03	pen MPSF Championships (2/22)..... 8th
9.09	Potts Invite (1/19)..... 4th
9.14	Air Force All-Comers Meet (1/12)..... 9th
9.16	UW Invite (1/26)..... 20th
9.31	pen UW Invite (1/25)..... 20th
High Jump	
5-0.50/1.54	UW Invite (1/25)..... 18th
5-0.25/1.53	Potts Invite (1/19)..... t11th
4-10.25/1.48	MPSF Championships (2/22)..... 17th
Shot Put (35-5.75 pr)	
33-4.75/10.18	Potts Invite (1/19)..... 15th
33-4.50/10.17	Air Force Team Challenge (2/9)..... 17th
33-4/10.16	MPSF Championships (2/22)..... 14th
32-7.75/9.95	UW Invite (1/25)..... 17th
Long Jump (18-04.25 pr)	
17-0.50/5.19	Air Force Team Challenge (2/9)..... 17th
16-11.25/5.16	UW Invite (1/25)..... 15th
16-9.25/5.11	Potts Invite (1/19)..... 8th
16-5.75/5.02	MPSF Championships (2/22)..... 19th
16-1.75/4.92	Air Force All-Comers Meet (1/12)..... 12th
800 Meters	
2:26.81	MPSF Championships (2/22)..... 12th
2:30.28	UW Invite (1/25)..... 13th
200 Meters	
400 Meters	

JANA STOLTING

3000 Meters (10:24.18 pr)	
10:24.18	Air Force Invite (1/26)..... 1st
5000 Meters (16:51.21 pr)	
17:04.59	Husky Classic (2/8)..... 42nd

BRIDGET SWEENEY

200 Meters (25.42 pr)	
26.41	Air Force All-Comers Meet (1/12)..... 11th
400 Meters (57.53 pr)	
58.23	Air Force All-Comers Meet (1/12)..... 5th
58.69	Tyson Invite (2/8)..... 60th
59.35	MPSF Championship (2/23)..... 42nd

2013 WOMEN'S INDOOR PERFORMANCE LIST/3-3-3

ABRIANNA TORRES

Pentathlon (3,832 pr)		
3,832	MPSF Championships (2/22)	4th
3,559	UW Invite (1/25)	10th
3,110	USA Indoors (3/1)	14th

60 Meter Hurdles (9.01 pr)

9.01	pen	USA Indoors (3/1)	14th
9.03		Air Force Team Challenge (2/9)	13th
9.09		Potts Invite (1/19)	3rd
9.11	pen	MPSF Championships (2/22)	10th
9.13		Air Force All-Comers Meet (1/12)	8th
9.20	pen	UW Invite (1/25)	16th

High Jump (5-4.25 pr)

5-4.25/1.63		Potts Invite (1/19)	t3rd
5-3/1.60	pen	MPSF Championships (2/22)	t7th
5-3/1.60	pen	UW Invite (1/25)	t14th
5-2.25/1.58	pen	USA Indoors (3/1)	15th

Shot Put (41-7 pr)

41-7/12.67	pen	MPSF Championships (2/22)	2nd
41-4.25/12.60		USA Indoors (3/1)	3rd
40-2.75/12.26		Air Force Team Challenge (2/9)	10th
39-1.25/11.92		Potts Invite (1/19)	8th
38-3.25/11.66	pen	UW Invite (1/25)	7th

Long Jump (19-8.75 pr)

19-8.75/6.01		Air Force Team Challenge (2/9)	1st
19-8.25/6.00	pen	MPSF Championships (2/22)	1st
19-0.50/5.80	pen	USA Indoors (3/1)	6th
18-6/5.64	pen	UW Invite (1/25)	3rd
18-5.25/5.62		Potts Invite (1/19)	3rd
18-5.25/5.62		Air Force All-Comers Meet (1/12)	2nd
17-10.25/5.44		UW Invite (1/26)	12th

800 Meters (2:33.24 pr)

2:33.24		MPSF Championships (2/22)	16th
2:39.91		UW Invite (1/25)	23rd

200 Meters (26.84 pr)

26.84		Air Force Team Challenge (2/9)	25th
27.25		Air Force All-Comers Meet (1/12)	16th

ELIZABETH TREMBLAY

600 Yards (1:23.49 pr)

1:23.49	pr	Potts Invite (1/19)	1st
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800 Meters (2:07.18 pr)

2:07.18	pr	Husky Classic (2/9)	9th (invitational section)
2:08.91		UW Invite (1/26)	8th
2:14.59		MPSF Championship (2/23)	16th

CARRIE VERDON

3000 Meters (9:42.17 pr)

9:42.17		MPSF Championship (2/23)	17th
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5000 Meters (16:47.36 pr)

16:47.36	pr	UW Invite (1/25)	4th
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2013 Unattached Marks/Times

EMILY HUNSUCKER

Shot Put (49-11 pr)

44-6/13.56		Air Force All-Comers (1/12)	3rd
44-2/13.46		Potts Invite (1/19)	4th
41-9.25/12.73		Husky Classic (2/9)	25th

Weight Throw (55-1 pr)

54-8.25/16.67		Air Force All-Comers (1/12)	3rd
53-9/16.38		Potts Invite (1/19)	7th
50-6.75/15.41		Husky Classic (2/8)	23rd

MARGAUX KRAHE

Shot Put (39-1.75 pr)

37-1.75/11.32		Air Force All-Comers (1/12)	7th
35-6/10.82		Potts Invite (1/19)	12th

BRITTANY LEWIS

Pentathlon (3,863 pr)

3,863	pr	Air Force Invite (1/24)	2nd
3,662		USA Indoors (3/1)	13th

60-Meter Hurdles (8.86 pr)

8.86		CSM Joe Davies	2nd
9.01	pen	USA Indoors (3/1)	14th
9.02	pen	Air Force Invite (1/24)	3rd
9.04		CSM Twilight Open (2/9)	4th
9.05	p	CSM Twilight Open (2/9)	5th
9.05	p	CSM Joe Davis (2/16)	2nd
9.15		Potts Invite (1/19)	5th

High Jump (5-7 pr)

5-7/1.70	pen	Air Force Invite (1/24)	t1st
5-4.50/1.63		Potts Invite (1/18)	t3rd
5-3.25/1.58	pen	USA Indoors (3/1)	14th
5-3.00/1.60		CSM Twilight Open (2/9)	2nd

Shot Put (36-4.25 pr)

33-7.25/10.24	pen	Air Force Invite (1/24)	12th
32-10.50/10.02		Potts Invite (1/19)	4th
31-3.75/9.54	pen	USA Indoors (3/1)	16th

Long Jump (19-1.25 pr)

19-1.25/5.82		CSM Twilight Open (2/9)	2nd
18-10/5.74	pen	Air Force Invite (1/24)	3rd
18-7/15.66		Air Force All-Comers (1/12)	1st
18-6.50/5.65	pen	USA Indoors (3/1)	9th
18-5.25/5.62		Potts Invite (1/19)	3rd

800 Meters (2:21.63 pr)

2:22.82	pen	Air Force Invite (1/24)	2nd
2:24.01	pen	USA Indoors (3/1)	11th

400 Meters (58.37 pr)

58.37		Air Force All-Comers (1/24)	6th
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LAINY NASH

400 Meters (56.52 pr)

1:00.54		Potts Invite (1/19)	1st
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